

How can I contact these services?

These services are located in every state and territory in a range of rural, regional and metropolitan locations.

To find a *Men and Family Relationship Service* in your local area, call the Family Relationship Advice Line on 1800 050 321* or visit Family Relationships Online at www.familyrelationships.gov.au

Alternatively, call *Mensline Australia*, a 24-hour information, referral and counselling service, on 1300 789 978 for the cost of a local call.

*Available 8.00 am – 8.00 pm Monday to Friday and 10.00 am – 4.00 pm Saturdays (except national public holidays).

Brochure orders

To order additional brochures contact 1800 050 009 between 8.30 am to 5.30 pm Monday to Friday (except national public holidays).



Australian Government

Men and Family Relationship Services



Where men want to build better relationships with their partners and children, the Australian Government has funded Men and Family Relationship Services to assist especially at times of relationship change.

What services are available to me?

Men and Family Relationship Services aim to help men and their family members to develop and maintain positive family relationships.

The range of services available to men include: relationship education and skills training, and counselling for individuals, couples and families. The services also provide group counselling, courses and activities, such as father and son or father and daughter workshops.

Who can use these services?

The services have been designed specifically to assist men and their families.

All family members including partners, ex-partners, children, stepchildren, brothers, sisters, aunts, uncles, cousins and grandparents can use these services.

How can I benefit from these services?

Men and Family Relationship Services are useful for people looking to improve already positive relationships by building their skills as well as helping to resolve the impact of conflict in family relationships.

Talking about family relationship problems is better than dealing with them on your own. Research shows that your health and wellbeing improves when you are able to play an active role in improving relationships.

When can I access these services?

Men and Family Relationship Services can assist you in maintaining positive family relationships during times of change – when you're forming new relationships, following the birth of a child, during separation or divorce, when re-partnering or retiring.

Is it confidential?

Services provided by *Men and Family Relationship Services* are confidential except in certain circumstances.

By law, service providers are required to report some things. If staff reasonably suspect that there is a current threat of serious harm to someone or that a person has actually been harmed and/or a child is at risk of abuse or neglect, then they must report that suspicion to the appropriate authorities.

What will it cost to use these services?

Men and Family Relationship Services charge fees based on your income and capacity to pay. If you are a low income earner or are experiencing financial difficulties, you can discuss this with your service provider, so it can be taken into consideration.